



Speech Language Pathology (Speech Therapy) Screening Tool

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Please review list below and check the items with which you have difficulty. If you are experiencing problems in any of these areas you may benefit from an evaluation with a Speech Therapist (also known as Speech Language Pathologist). Show this to your primary care provider to request a referral, and take this to your first speech therapy appointment. (Questions marked with * are to be answered by an observer.)

Non Verbal Communication

- Not recognizing humor or sarcasm
- Believing all people are friends or a threat
- Feelings of not belonging
- Feeling that you don't understand others or they you
- Getting fired for inappropriate behavior, but not knowing what that behavior was
- Misunderstanding the intentions of others
- Feeling socially disconnected for no known reason

Conversation (Communication Discourse)

- Difficulty understanding what others are saying
- Not following abstract thought*
- Concrete understanding*
- Internal and external distractions
- Others complain that you are not paying attention
- It seems others don't follow the rules of conversation
- Changing topics unexpectedly
- Not understanding information that before the accident was easily understood
- Afraid to participate in conversations

Appropriate Use of Language (Social Pragmatics)

- Difficulty with interacting with other people
- Being socially unacceptable
- Overly trustful or paranoid
- Feelings of always out of step or being told by family that you are out of step with others
- Unable to control anger

Memory

- Not remembering family members
- Not remembering names as prior to the injury
- Not remembering phone calls or appointments
- Not recalling how to do all or part of your job
- Not completing or turning in assignments

Attention

- Not understanding 30 min TV show
- Not finding common house hold items
- Unable to concentrate on reading the paper because children are playing in another part of the house
- Not finishing a work project due to office distractions

Problem solving

- Having a flat tire & don't know what to do
- Overwhelmed by too many choices
- Unable to explain a simple problem to a child
- Concrete thinking*
- Unable to follow a recipe if the directions don't match what you are using

Difficulty with initiating or the opposite hyperactivity

- Not being able to make a phone call or request help
- Making the call, finding the line busy and not following through to call again
- Not asking the questions you want to ask, or asking them and not listening to the answers
- No food in the house, but going to the store too difficult, or going to the store with a grocery list but not getting anything on the list.
- Forgetting to bring the groceries home or leaving on the counter at home forgetting to put them away

Executive Dysfunction

- High level sequencing (bring the coffee pot to the cups or the cups to the pot)
- Goal setting
- Recognizing success vs failure accurately
- Unable to start tasks
- Executing the task
- Monitor time passage (recognizing time restraints prior to running out of time)
- Self monitoring
- Self awareness*
- Inflexible thinking or behavior

Sequencing

- Unable to complete simple household chores
- Unable to balance a checkbook
- Unable to follow simple work procedures (ex: when to clock in or out)
- Unable to remember the order of numbers like in an address or phone number

Support to family and friends

- Caregiver training
 - Return to work or school
 - Understanding the survivor may be a different person in many ways
 - Techniques to address the changes in everyone's life without blame
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