



Vestibular Therapy after Brain Injury

If you are experiencing difficulties in several of these areas you may benefit from an evaluation by a vestibular therapist – an advanced practice physical therapist. If your symptoms are severe or very severe, you may prefer to be seen by a vestibular therapist with an advanced certification in neurological rehabilitation.

To request an evaluation, please show this form to your primary care provider, and ask your provider to consider furnishing a referral for an evaluation. Please ask your provider to include clinical notes with the referral.

Please check which symptoms you experience and rate them from mild to very severe.

Primary Symptoms	None	Mild	Moderate	Severe	Very Severe
Poor balance or feelings of unsteadiness					
Low motor coordination, clumsiness					
Frequent falls					
Dizziness or blurry vision upon turning head					
Dizziness including sensations such as wooziness (swimming feeling in the head), lightheadedness, feelings of passing out; sensations of moving, spinning, floating, swaying, tilting, or whirling (the latter is known as vertigo)					
Sensitivity to light					
Nausea and/or vomiting					
The secondary symptoms below must be accompanied by several symptoms listed above and may improve with treatment:					
Fatigue					
Headaches					
Neck tightness, stiffness and/or pain* (not due primarily to orthopedic problems)					
Irritability					

A partial listing of clinics in New Mexico with outpatient vestibular therapists.

[Albuquerque Hearing and Balance Westside](#), Albuquerque, Morgan Fry, DPT, 505-448-3084*

[Albuquerque Hearing and Balance Eastside](#), Albuquerque, Morgan Fry, DPT, 505-890-0003*

[Christus St. Vincent Sports Medicine and Therapy Services](#), Santa Fe, 505-913-5100*

[Lovelace UNM Outpatient Rehabilitation Clinics](#), Albuquerque, 505-727-4700; Rio Rancho, 505-727-4950; Santa Fe, 505-982-6399

[Presbyterian Outpatient Rehabilitation Clinics](#), Albuquerque & Rio Rancho, 505-823-8350; Clovis, 575-769-7356; Espanola, 505-

367-0340; Ruidoso, 575-257-8239; Santa Fe, 505-772-2000; Socorro, 575-835-8761; Tucumcari, 575-461-7000.

[Rehabilitation Hospital of Southern New Mexico](#), Las Cruces, (575) 521-6400

[San Juan Regional Medical Center Outpatient Rehabilitation Therapy](#), Farmington, 505-609-6575

* Vestibular Therapist with advanced certification in Neurological Rehabilitation

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