

## **Medical Resources for Individuals and Families with a Loved One with Traumatic and Acquired Brain Injury**

A traumatic brain injury is one that is caused by a jolt or blow to the head. An acquired brain injury is an injury to the brain that occurs after the age of one or two years of age that is not a result of a blow or jolt to the head. Whether your injury is traumatic or acquired, rehabilitation from a brain injury of any kind takes effort. Your program may include the rehabilitation therapies: physical, occupational, and speech therapy; psychiatric care; psychological care such as counseling from a licensed mental health provider; and social support.

Social support is one of the most important elements of medical and cognitive rehabilitation. Social support can help you to persist with elements of medical care and rehabilitation when you may not feel like persisting. Brain injury support group members often talk about the importance of never giving up. Unless a brain injury is so severe as to cause incapacitation, as long as you continue to work at your rehab and new learning, you can expect to continue to see results, but it's hard to do alone. Find support groups here:

<https://www.braininjurynm.org/support-groups-2/>

### **The Role of Your Primary Care Provider (PCP)**

We all need - and most of us have - a Primary Care Provider. Your Primary Care Provider will not be your main treatment provider for issues related to your brain injury. Your PCP's primary role in brain rehabilitation is to provide you with the referrals you need for your rehabilitation. It's important for you to advocate for the referrals to specialists and rehabilitation providers you need.

Some of the services for which you need referrals:

Occupational therapy (OT)

Physical therapy (PT)

Speech therapy (SLP)

Neurology

Pain clinic

Neuropsychiatry

Neuropsychology (unless a provider specifies no referral is needed)

Psychiatry

Psychology for children, adolescents, and young adults at Carrie Tingley Hospital Outpatient Clinic.

Psychology for adults, unless you see one in a private or group practice as this person will not usually require a referral.

If you do not have a primary care physician, please call your Medicaid Managed Care Organization, Medicare, or private insurance provider.

If you do not have health insurance and you would like to apply for NM Centennial Care (Medicaid) available for children and low income adults, during the COVID-19 pandemic, you may call Brian Bolding at Albuquerque Public Schools (505-239-9313). During non-pandemic times, Brian is able to help only children and families associated with Albuquerque Public Schools, but right now he helps all callers. When you call him, expect him to make an appointment for you to meet him by phone about 2-3 days later. When you first call, he will tell you what documents he'll need. You MUST attend the appointment he has made for you. If you do not, he will dispose of any documents you have sent him, as he is not permitted to hold them past your appointment time.

## **Neurology**

Neurologists in New Mexico primarily treat migraines and seizures. People living with brain injury often come to us saying they can't find a doctor who treats brain injury. Neurosurgeons treat brain injury, but there is understandably a fairly narrow range of criteria for eligibility. Though none of the neurologists below specialize in brain injury, reach out to them if you would like help from a neurologist.

### **Sally Harris, MD, MS, FAAN**

Sandia Neurology PC

An Integrative Approach to Neurological Care

4600 Jefferson Lane NE Suite D Albuquerque, NM 87109

Phone: 505-884-4406

Website: <https://sandianeurology.com/>

Dr. Harris offers a Headache Clinic and a Group Headache Clinic as well as complete neurological care.

### **Douglas Barrett, MD**

6100 Pan American Fwy NE, Suite 355

Albuquerque, NM 87109

Phone 505-823-1010

Fax 505-823-9354

### **Daniel G. Shibuya, MD**

Lovelace Medical Group

Southwest Medical Associates, Northside Office

4420 Irving Blvd NW, Albuquerque, NM 87114

Phone: 505-727-5910

## **Neuropsychological Resources**

Neuropsychologists perform these evaluations. They are clinical psychologists with special training in neuropsychology. Neuropsychological evaluations are often needed in determining disability, treatment plans, and understanding a patient's strengths and weaknesses in order to build compensatory strategies. Most insurance companies, including NM Centennial Care, cover one per year.

### **Southwest Neuropsychology and Behavioral Health, LLC**

Services: Child and adult neuropsychological evaluations, psychology, psychiatry, occupational therapy

320 Gold Ave. SW, Suite 1001 Albuquerque, NM 87102

Phone: 505-247-4900

Website: <https://www.swneuropsych.com/>

Jonathon R. Kurtyka, PhD, Director of Clinical Services

Sarah Hile, PhD, Pediatric Neuropsychologist

Tanya Ramos, Clinical Neuropsychologist

Melissa Behrens-Blake, MD, Ed.S

Krystal Wood-Kofonow, Ph.D.

### **Sandra Montoya, Ph.D.**

3900 Juan Tabo Blvd NE # 11, Albuquerque, NM 87111

Phone: 505-275-6457

Complete neuropsychological evaluation services for children, adolescents, and adults. Dr. Montoya does not require a physician referral.

### **Neuropsych New Mexico**

John H. King, Ph.D., ABPP, Jeffery Young, Ph.D., Kristina Dumas, Ph.D.

Board Certified in Clinical Neuropsychology

Board Certified Subspecialist in Pediatric Neuropsychology

Neuropsychological Services of New Mexico

4001 Indian School Road NE, Suite 310

Albuquerque, NM 87110-3816

Phone: 505-404-9395

Fax: 505-299-4740

Website: <http://www.neuropsychnewmexico.com/>

Neuropsychological, neurobehavioral, psychological, and forensic evaluations for adults and children. Psychotherapy for adjustment to neurological conditions.

Cognitive, behavioral, and emotional treatment for children.

### **Ronald Yeo, PhD**

Department of Psychology

University of New Mexico

Albuquerque, New Mexico

87131

Phone: 505-277-4121

Fax: 505-277-1394

## **Counseling**

### **Margot Feldvebel, LCSW**

Integrative Rehabilitation Psychotherapy for Brain Injury

Albuquerque, NM

Phone: 505-328- 9448 (phone calls only on Friday and Saturday, please)

Fax: 505-340-3764

If Ms. Feldvebel is unable to take a new patient, she will encourage you to become involved with a brain injury support group and may suggest other avenues for care. Support groups for people living with brain injury are instrumental in healing. She facilitates the one sponsored by the Brain Injury Alliance of New Mexico on a volunteer basis. Admission is free. There are no requirements for membership other than the ability to be polite and respectful to other members. You may find information for this and other support groups at <https://www.braininjurynm.org/support-groups-2/>. During the pandemic, support groups meet virtually.

### **Mark Pedrotty, Ph.D.**

Children, adolescents, and young adults

Carrie Tingley Hospital

1127 University Blvd NE

Albuquerque, 87102

Phone: 505-292-7464

Fax: 505-272-6500

### **Katie Morrison, Ph.D.**

Children, adolescents, and young adults

Carrie Tingley Hospital

1127 University Blvd NE

Albuquerque, 87102

Phone: 505-292-7464

Fax: 505-272-6500

## **Psychiatry**

### **Davin Quinn, MD, Associate Professor, UNM School of Medicine.**

Dr. Quinn has dual appointments to the UNM Dept of Psychiatry and the UNM Dept. of Neurosurgery.

Areas of special interest: Neuropsychiatry; traumatic brain injury; non-invasive neuromodulation; transcranial magnetic stimulation; electroconvulsive therapy; transcranial direct current stimulation; consultation-liaison psychiatry

<https://vivo.health.unm.edu/display/n30913>

Potential patients with brain injury should ask their primary care physician for a referral to Davin Quinn, MD, in the UNM Neurosurgery Dept.

Expect to wait 3-6 months to see Dr. Quinn.

Neurosurgery Clinic Phone: 505-272-9494

Alternate Phone: 505-272-3160

Davin Quinn, MD, UNM Psychiatry  
2600 Marble Ave NE, Albuquerque, NM 87106  
Phone: 505-272-2223

### **Triumph Psychiatry Consultants**

Dr. Irene Okoronko-Obika, DNP, APRN, PMHNP, FNP-C  
Board Certified Psychiatry and Family Nurse Practitioner  
(817)719-8028

Website: <https://www.psychologytoday.com/us/psychiatrists/triumph-psychiatry-consultants-pllc-albuquerque-nm/358359>

Dr. Okoronko-Obika does not accept health insurance.

### **Outpatient Rehabilitation Services for Children and Adults**

Our resources here are primarily rehabilitation therapists for people with injured brains in the Albuquerque area. We also provide a resource you may call to find rehabilitation therapists all over the state of NM. Please ask your primary care physician to provide referrals for evaluation by rehabilitation therapists.

We offer a skills checklist for each therapy, so you can show your doctor the skills for which you would like an evaluation. Have a family member or friend help you fill them out, so everything you need is included.

#### **For access to the skills checklists, click on links below**

Occupational Therapy (OT) helps with regaining daily living skills and fine motor skills.

OT Checklist: <https://www.braininjurynm.org/ot-checklist>

Physical Therapy (PT) helps with mobility, strength and endurance, balance and coordination, fatigue, fall prevention, and more.

PT Checklist: <https://www.braininjurynm.org/pt-checklist>

Speech Language Therapy (ST) helps with cognitive rehabilitation: attention, focus, memory, keeping track of appointments, planning, problem solving, listening comprehension, as well as production of words/speech and swallowing issues.

ST Checklist: <https://www.braininjurynm.org/st-checklist>

#### **Rehabilitation Resource Center: UNM Center for Development and Disability**

Phone: 505-373-3000

Website: <http://cdd.unm.edu/>

The center can help you to locate rehabilitation services in or outside of Albuquerque. If you live outside of Albuquerque, this can be particularly useful.

**Albuquerque Speech Language Hearing Center**

Child and adult audiology and speech therapy

9500 Montgomery Blvd NE, Suite 215

Albuquerque, NM 87111

Phone: 505-431-4212

Fax: 247-1772

Website: <http://aslhc.org/>

Email: [inquiries@aslhc.org](mailto:inquiries@aslhc.org)

**Bilingual Therapies**

Child and adult occupational therapy, physical therapy, and speech therapy in English and Spanish

1931 Alvarado Ave NE

Albuquerque, NM 87110

Phone: 505-342-2500

Fax: 505-266-6306

Website: <https://www.bilingualtherapiesnm.com/>

Mission is to provide life skills to bilingual, multicultural populations.

**Carrie Tingley Hospital Outpatient Clinic - UNMH**

Child: Occupational therapy, physical therapy, and speech therapy

1127 University Blvd NE, Albuquerque, NM 87102

Toll-free Phone: 800-272 4511

Phone: 505-272-5335

Website: <https://hsc.unm.edu/health/locations/carrie-tingley-hospital.html>

This clinic also offers adaptive equipment, orthotic services, and a wheelchair clinic.

**Climbing Tree Therapy**

Child: Occupational therapy, physical therapy, and speech therapy

2301 Yale Blvd SE, Suite A3

Albuquerque, NM 87106

Phone: 505-385-8028

Website: <https://www.climbingtreetherapy.com/>

**Encompass Health Rehabilitation Hospital of Albuquerque**

Adults: Occupational therapy, physical therapy, and speech therapy (inpatient and outpatient).

7000 Jefferson St NE

Albuquerque, NM 87109

Phone: 505-344-9478

Fax: 505-341-2717

Website: <https://encompasshealth.com/inpatient-rehabilitation/irf-our-programs-and-services/brain-injury>

Encompass Health offers neuro-rehabilitation, aquatic therapy, community re-entry and education, driver assessments, and functional capacity testing.

**ExplorAbilities**

Child: Occupational therapy, physical therapy, and speech therapy

Adult: Orthopedic and sports physical therapy

5006 Copper NE

Albuquerque, NM 87108

Phone: 505-268-7988

Website: <http://www.explorabilitiestherapy.com/>

Email: [info@explorabilities.com](mailto:info@explorabilities.com)

**Indigo Therapy Services**

Child: Occupational therapy and speech therapy

6817 Academy Pkwy W NE

Albuquerque, NM 87109

Phone: 505-508-0505

Fax: 505-312-8414

Website: <https://www.indigotherapyservices.com/>

Email: [itsikids@comcast.net](mailto:itsikids@comcast.net)

**LaLuz Therapy, LLC**

Child and adult orthopedic physical therapy

5400 Sevilla Way NW, Ste E

Albuquerque, NM 87120

Phone: 505-758-4337

Phone: 505-363-9582

Website: <https://laluztherapy.wixsite.com/la-luz>

Email: [laluztherapy@gmail.com](mailto:laluztherapy@gmail.com)

**Liferoots: Services with for Adults and Children with Disabilities**

Child: Occupational therapy, physical therapy, speech therapy, and educational play group

1111 Menaul Blvd NE

1909 29<sup>th</sup> St SE

Albuquerque, NM 87107

Rio Rancho, 87124

Phone: 505-255-55-1

Phone: 505-962-0270

Website: <http://liferootsnm.org/>

**Lovelace UNM Rehabilitation Hospital****Outpatient Rehabilitation Clinic**

Adult: Occupational therapy, physical therapy including vestibular therapy for balance, speech therapy (including cognitive rehabilitation) and so much more!

505 Elm St

Several locations in Albuquerque and clinics in

Albuquerque, NM 87102

Jemez, Roswell, and Santa Fe.

505-727-4725

[Find Locations](#)

Website: <https://lovelace.com/services/rehabilitation>

Please visit the link above and click on outpatient services for a comprehensive list of rehabilitation services including brain injury rehabilitation, aquatics program, pain clinic, concussion therapy and testing program, back pain, spinal cord injury, and more. Lovelace UNM offers a special speech therapy program called SPEAK OUT!

**KidPower Therapy Associates**

Children: Occupational therapy, physical therapy, and speech therapy

3530 Pan American Freeway NE, Suite D

Albuquerque, NM 87107

Phone: 505-888-4469

Fax: 889-8142

Website: <http://www.kidpowertherapyassociates.com/>

Email: [kidpower@spinn.net](mailto:kidpower@spinn.net)

Specializes in Sensory Integration Therapy for sensory processing disorders, traumatic brain injury, neurological disorders autism spectrum disorder, speech and language delays, and much more.

**Sandia Sunrise Therapy**

Children: Occupational therapy, physical therapy, and aquatic therapy

Adults: Orthopedic physical therapy

9550 San Mateo Blvd NE, Ste. A

Albuquerque, NM 87113

Phone: 505-369-9582

Website: <https://www.sandiasunrisetherapy.com/>

**UNM Department of Speech and Hearing Sciences**

Child and adult speech therapy and cognitive rehabilitation

Medicaid billing; self-pay with a sliding scale for all others

Phone: 505-277-4453

Website: <https://unmhealth.org/services/rehabilitation/speech-language-therapy.html>

Website: <https://shs.unm.edu/clinic/index.html>

**We Need to Talk and More! LLC**

Child: Occupational and speech therapies

Adult: Speech therapies

2300 Candelaria Rd NE

Albuquerque, NM

Phone: 505-675-0689

Website: <https://www.weneedtotalkandmore.com/>

Email: [weneedtotalkllc@gmail.com](mailto:weneedtotalkllc@gmail.com)

For children in occupational therapy, there is a sensory gym, kitchenette for life skills, social skills groups, and a treatment room for a quiet therapy space. They offer assistive technology and augmentative communication support, too.

**National Aphasia Association**

Aphasia Rehab resources for adults throughout NM

Website: <https://www.aphasia.org/aphasia-support-new-mexico/>

Aphasia is an impairment of language. If you have difficulty producing or understanding speaking, reading, or writing, you may have aphasia. Aphasia is always due to an injury to the brain whether stroke, brain tumor, infection, or other head trauma.

## **Assistive Technology**

### **Southwest Neuropsychology & Behavioral Health**

Megan Shanley, OTR/L

Website: <http://www.swneuropsych.com>

Email: [mshanley@swneuropsych.com](mailto:mshanley@swneuropsych.com)

Ms. Shanley is an Occupational Therapist (OT) and Assistive Technology (AT) practitioner at Southwest Neuropsychology and Behavioral Health. She performs assistive technology evaluations and consultations in addition to working with persons with various types of disabilities to find the right technology tools for them

Office fees are \$150 per hour. An average consult consists of an initial session of 1-2 hours and a one hour-long follow-up depending on your needs at the time.

Full evaluations are lengthier, usually between 6-8 hours, depending on the complexity of the case and options explored.

Insurance does not typically cover these services.

## **Alternative Treatments**

### **Chiropractic Neurology**

Michael Pendleton, DC, CCSP, DACNB, DC-APC, FABBIR

Southwest Brain Performance Center

7520 Montgomery Blvd NE, Bldg E-9,

Albuquerque, NM 87109

Phone: (505) 888-6800

Website: <https://swbrainpc.com/>

Offering highly specialized neurologic care for people with brain injury. FABBIR: Fellowship of the American Board of Brain Injury and Rehabilitation. Insurance does not cover this mode of treatment. The Medicaid Community Benefit for severely disabled adults with BI may cover it if the patient's primary care physician writes a letter of medical necessity.

### **Neuroacupuncture by Doctors of Oriental Medicine**

Jason Hao, DOM and colleagues

202 E Marcy St

Santa Fe, NM 87501

Phone: 505-310-0053

Website: <https://www.neuroacupunctureinstitute.org/welcome.html>

Neuroacupuncture is a contemporary acupuncture technique integrating traditional Chinese needling methods and Scalp Acupuncture with western medical knowledge of neurology, neuroscience, and neurological rehabilitation. Neuroacupuncture is an advanced skill, most effective in the treatment of acute and chronic central nervous system disorders, often producing remarkable results with just a few needles. Some insurances cover this mode of treatment, but Medicaid does not. If your insurance will not cover it, sometimes funding for treatment is available

through the institute. The Medicaid Community Benefit for severely disabled adults with BI may cover it if the patient's primary care physician writes a letter of medical necessity.

Linda Hao, DOM, and Jason Hao, DOM

10151 Montgomery Blvd NE

Albuquerque, NM 87111

Phone: (505) 822-9878

Some insurances cover this mode of treatment, but Medicaid does not.